

DOUVRIS

Karate • Fitness • Leadership



2023 DOUVRIS MARTIAL ARTS AYLMEER BLACK BELT INFORMATION

- **PREPARATION CLASSES - Attendance is Mandatory**

SATURDAY, January 14	1:00 p.m. - 2:30 p.m.
SATURDAY, January 28	1:00 p.m. - to be determined
SATURDAY, February 11 and 25	1:00 p.m. - to be determined
SATURDAY, March 11 and 25	1:00 p.m. - to be determined
SATURDAY, April 15 and 29	1:00 p.m. - to be determined

- **PREP CLASS - RED STRIPE TEST - Attendance is Mandatory**

SATURDAY, May 13	1:00 p.m. - to be determined
------------------	------------------------------

- **BLACK BELT GRADING - BLACK BELT TEST - Attendance is Mandatory**

SATURDAY, May 27	1:00 p.m. - to be determined
------------------	------------------------------

- **2023 BLACK BELT CEREMONY - Attendance is Mandatory**

SUNDAY, May 28	11:00 a.m. - Families are welcome
----------------	-----------------------------------

Black Belt Candidates are to arrive at the Dojo 10 to 15 minutes before Classes.

We will notify you by email with the 'pick up' time for the Prep Classes scheduled for January 28th through May 13th prior to the scheduled class.

Black Stripes will be awarded at undetermined Prep Classes. Candidates will be tested throughout regular Karate classes.

Candidates can attend Four Karate Classes Per Week. They MUST attend at least Two Karate Classes Per Week.

Candidates must attend at least One Tykes or White - Orange Belt Class per week to help Karate students with instruction.

Candidates must wear a CLEAN Red or Black Gi to the Prep Classes. Please bring a water bottle for the Break.

Prep Classes, Grading and Ceremony will be at Douvris Aylmer, 61 Symmes Street, Aylmer, Quebec.

Please contact us if you have any questions or concerns.

Thank you, Sensei Kirk

WORK - FOCUS - POWER - DETERMINATION - STRENGTH - SHARE YOUR PROGRESS - DO IT FOR YOU!

